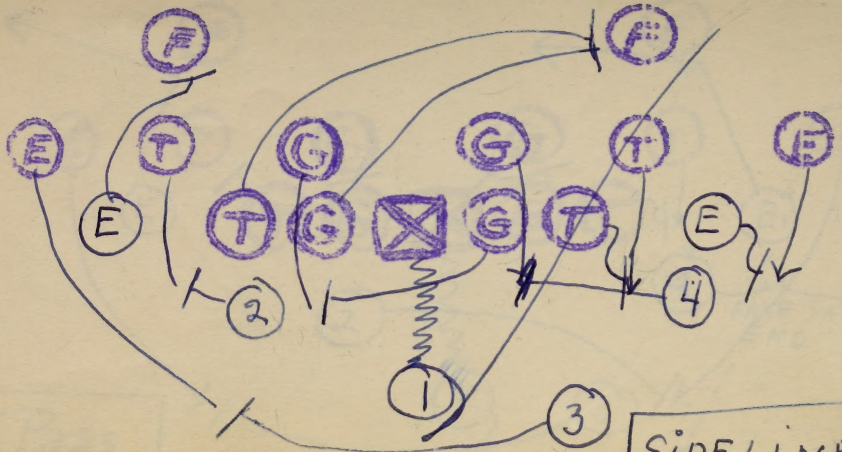
This Play book was Presented to Joseph R Mewhiney in September of 1962 when he took over as Head Football Coach of Westborough High School.

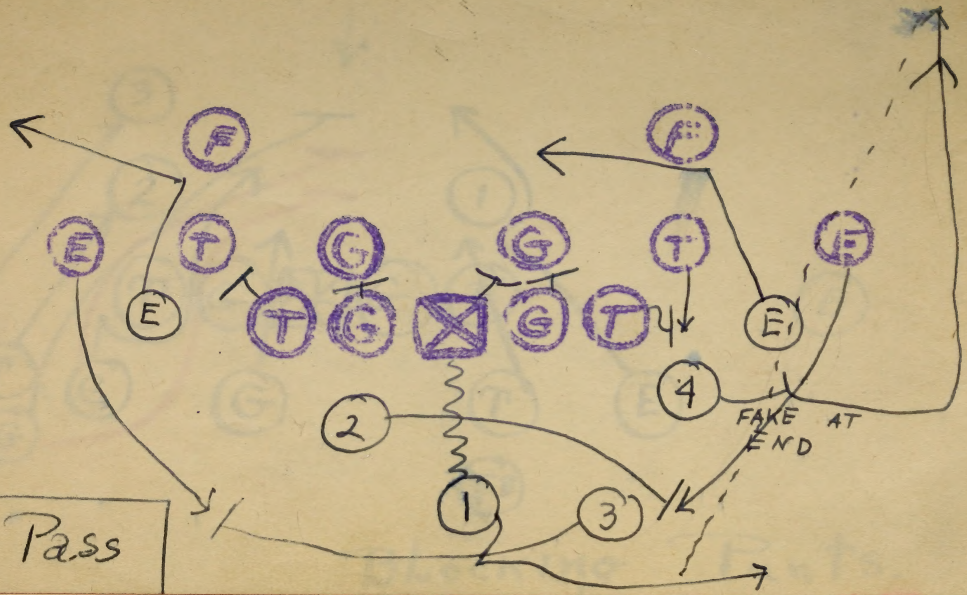
This book is the property of the Westboro High School Ath. Assn.

If borrowed, return to your Coach.

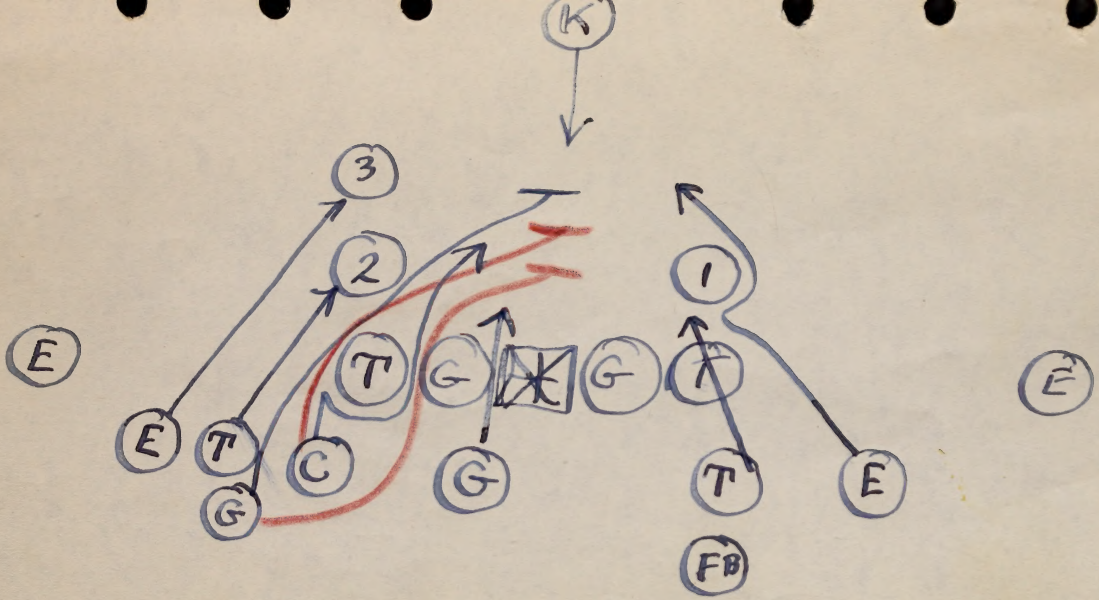
1943
Bud Fisher



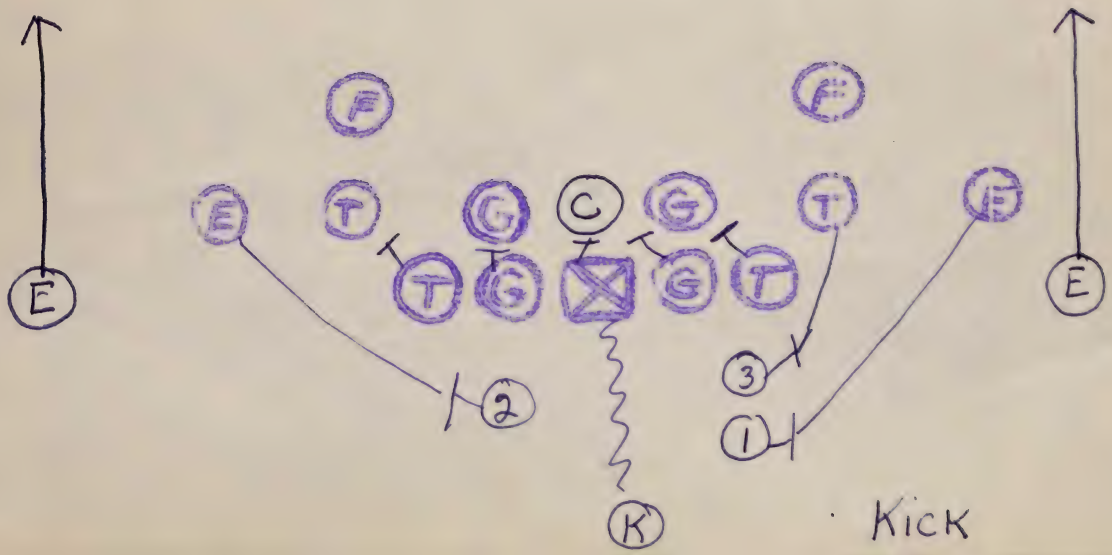
SIDELINE-PLAY



Sideline Pass



Blocking Punts.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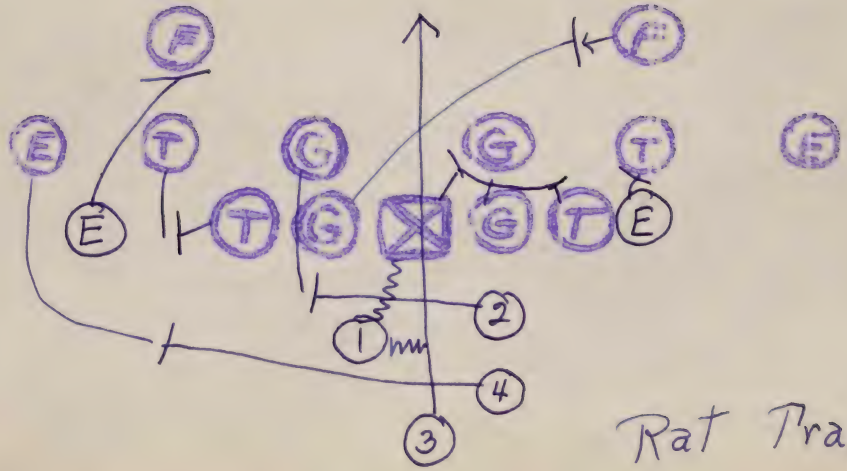
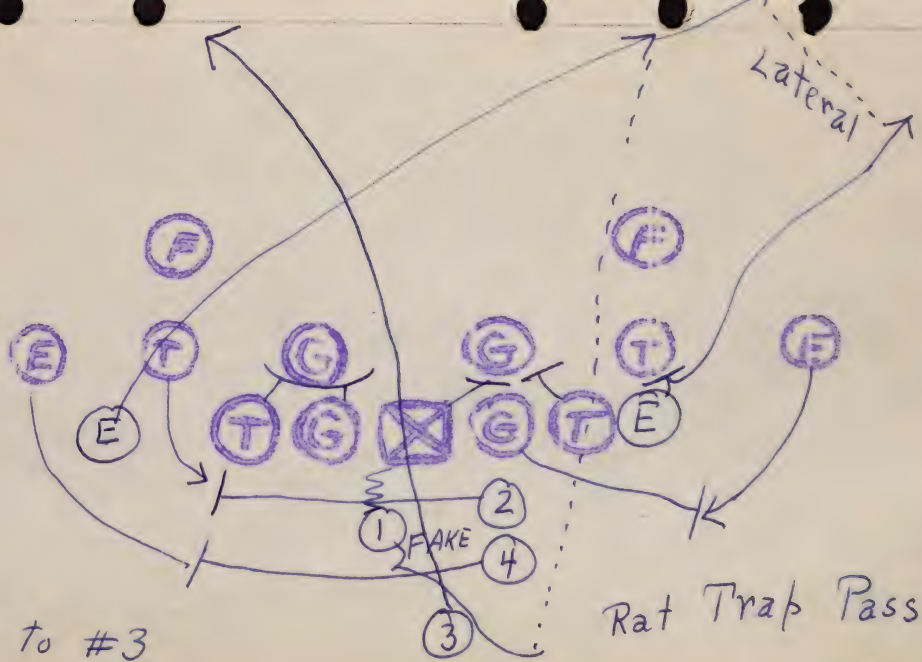
Kick

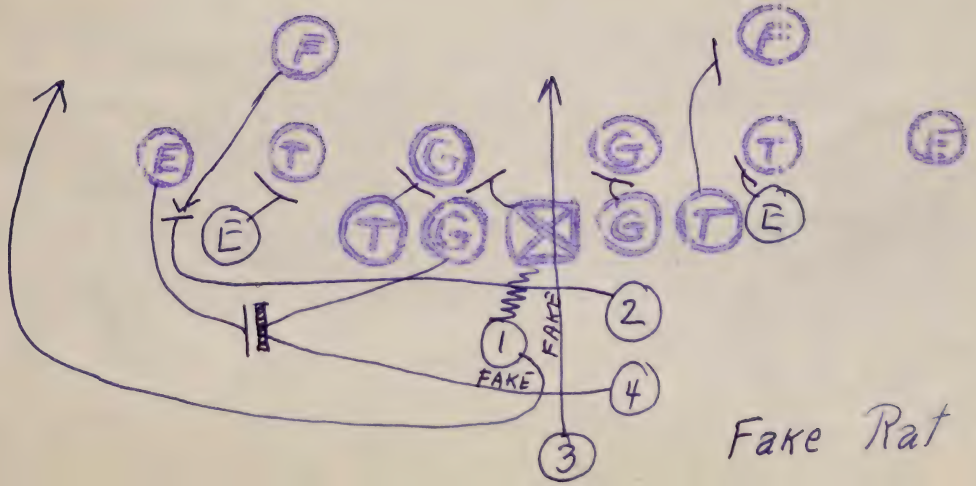


Rat Trap

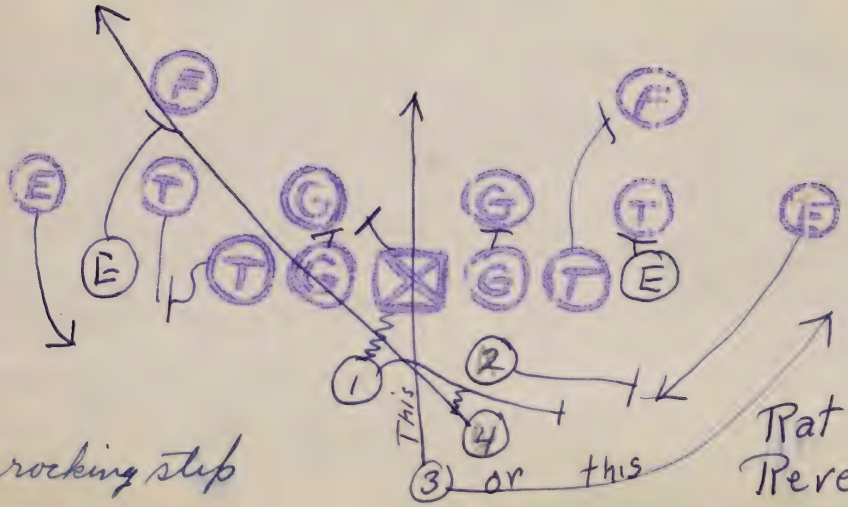


optional pass to #3

Rat Trap Pass.

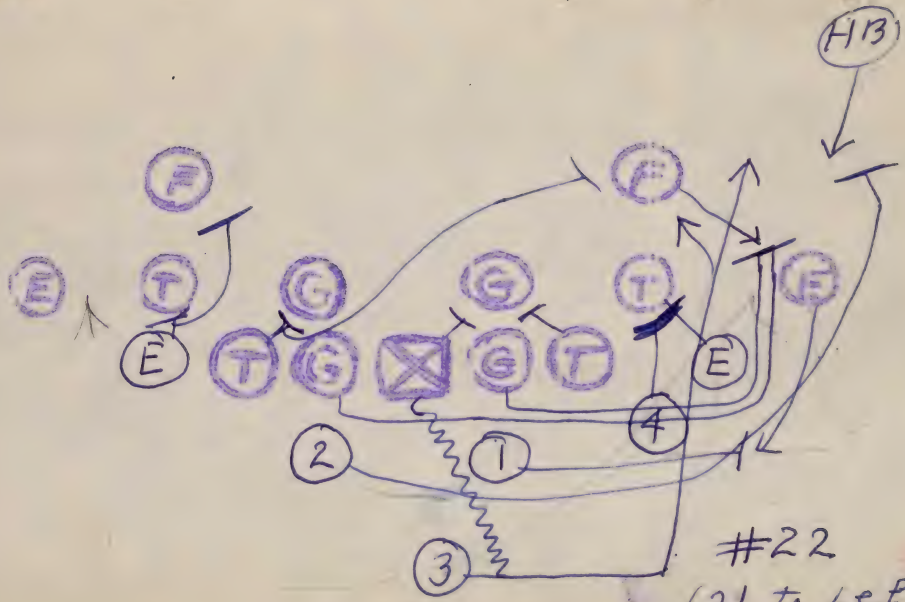


Fake Rat Trap

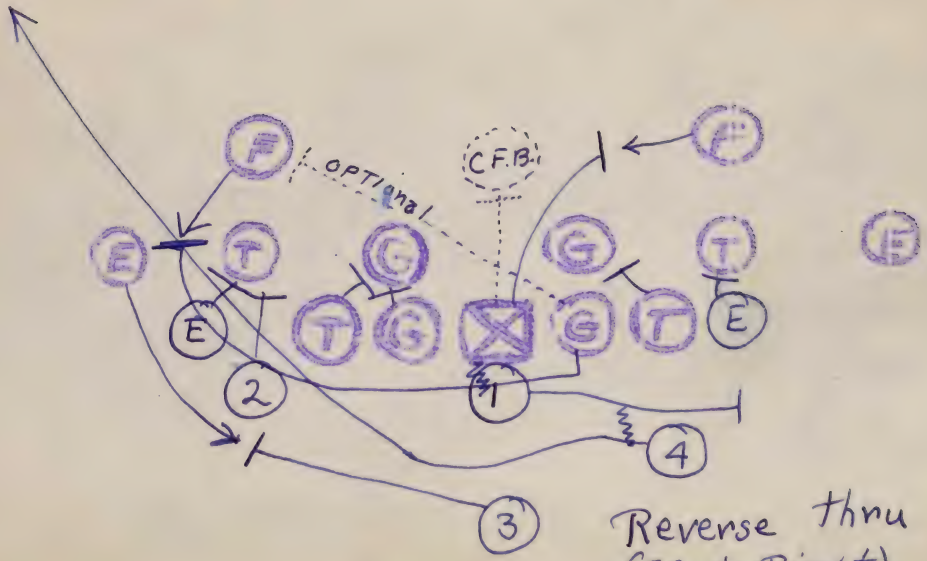


#4 uses rocking step

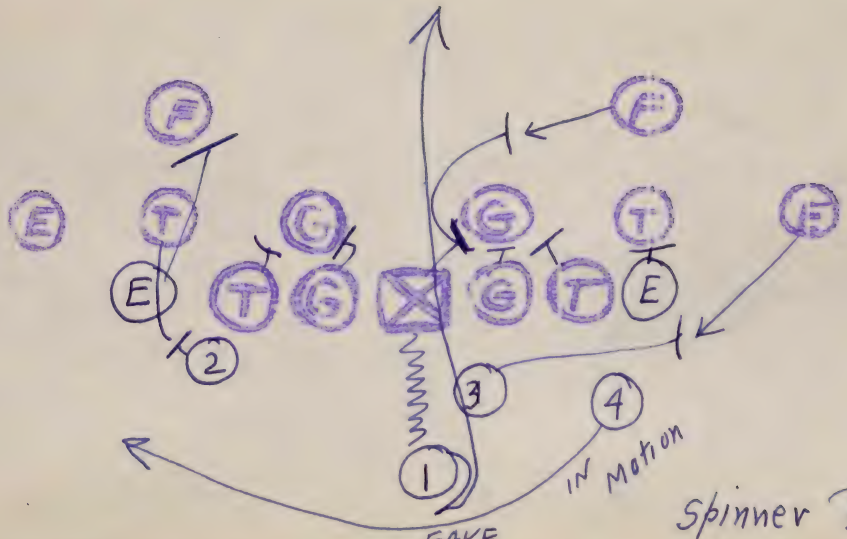
Rat Trap Reverse



#22
(21 to Left)



Reverse thru 21
(22 to Right)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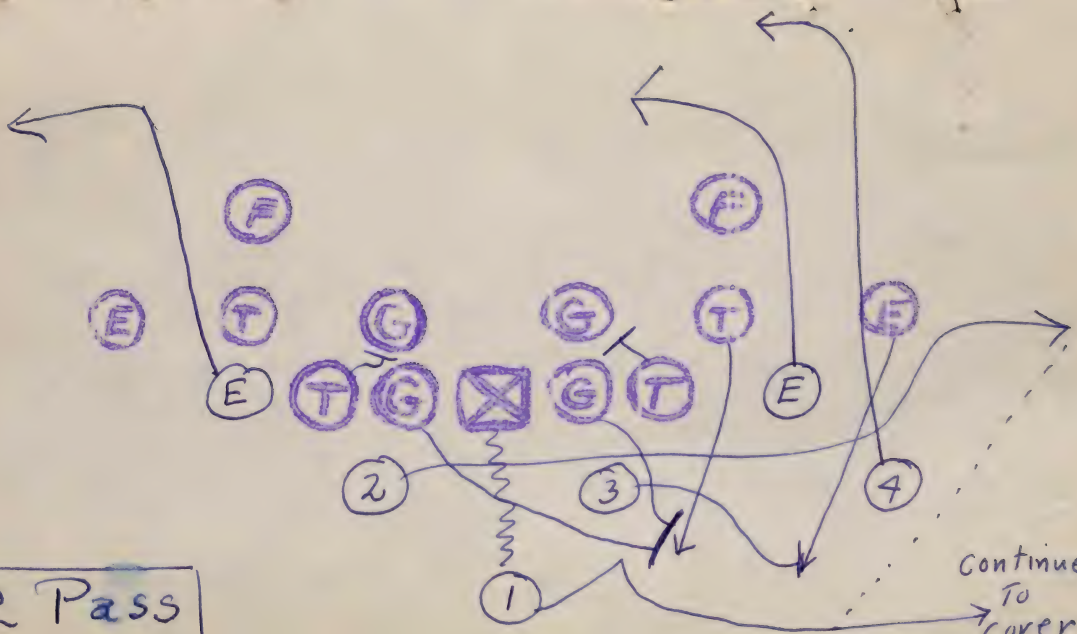
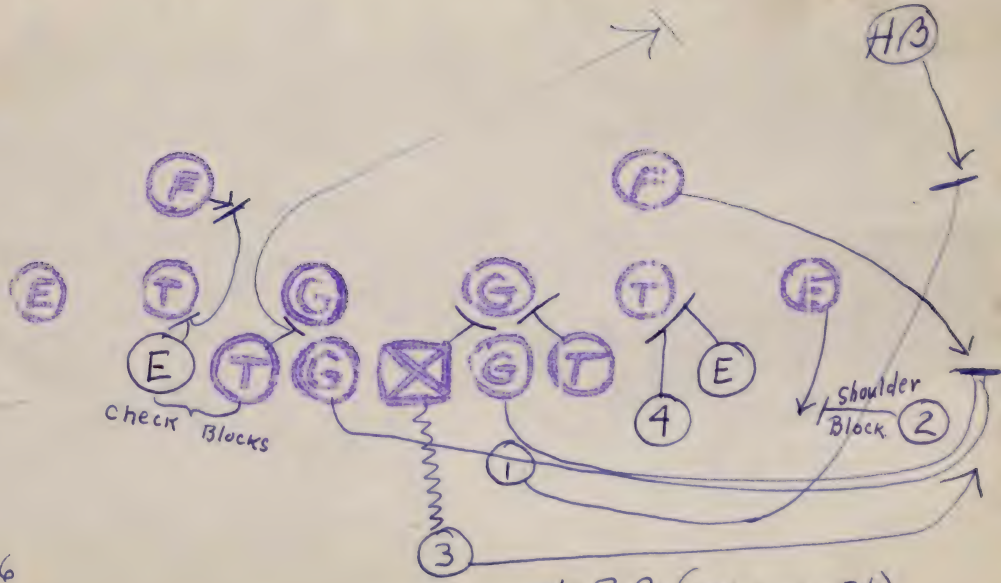
2
3
4
1
IN Motion
FAKE
Spinner Buck

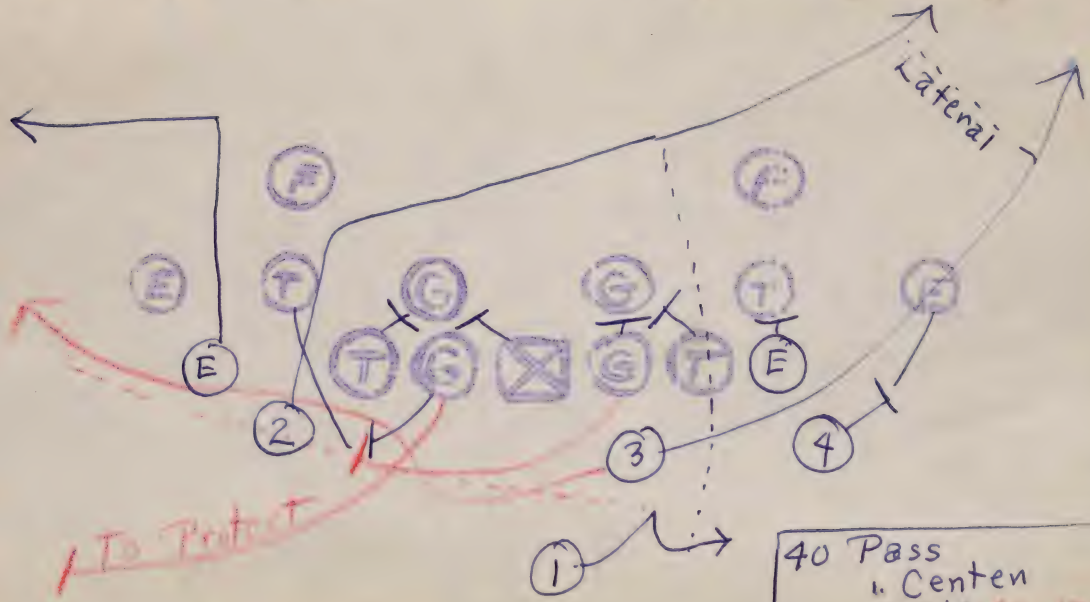


22 Pass

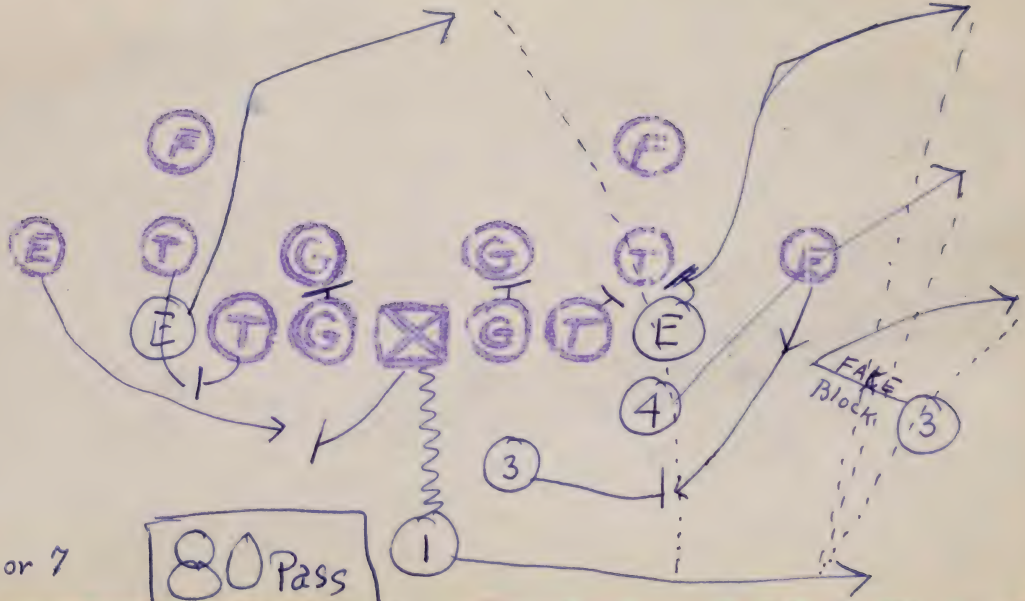


Snap ball on 6

#32 (31 to left)



40 Pass
1. Center
2. Side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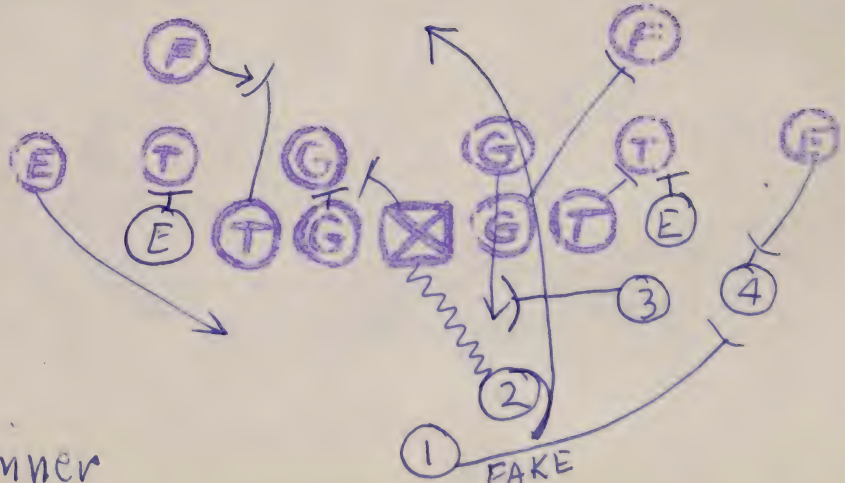
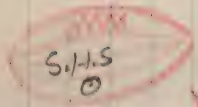
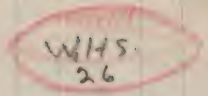
4
3
FAKE
Block
3
1
80 Pass
Ball on 6 or 7



80 Spinner





X X X X

Anable Meglory White Butterfield

Whelan

X X X ☒ X X X

Whiton Cederlund Iblin Spear Fay Henry Kemp

Westboro Undefeated!!

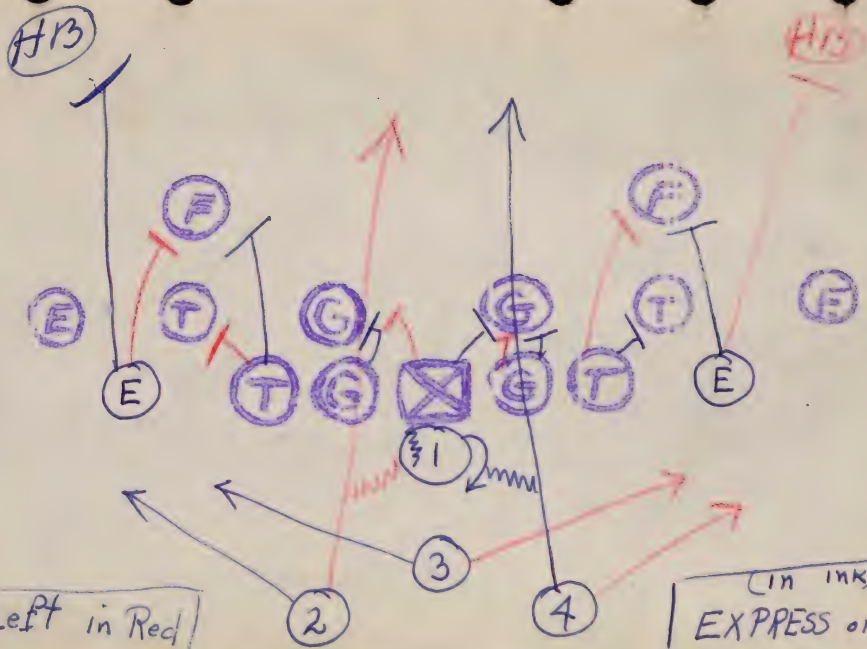
Foot Ball Team

F. A. ~~5 5 8~~ 4

~~5 B~~

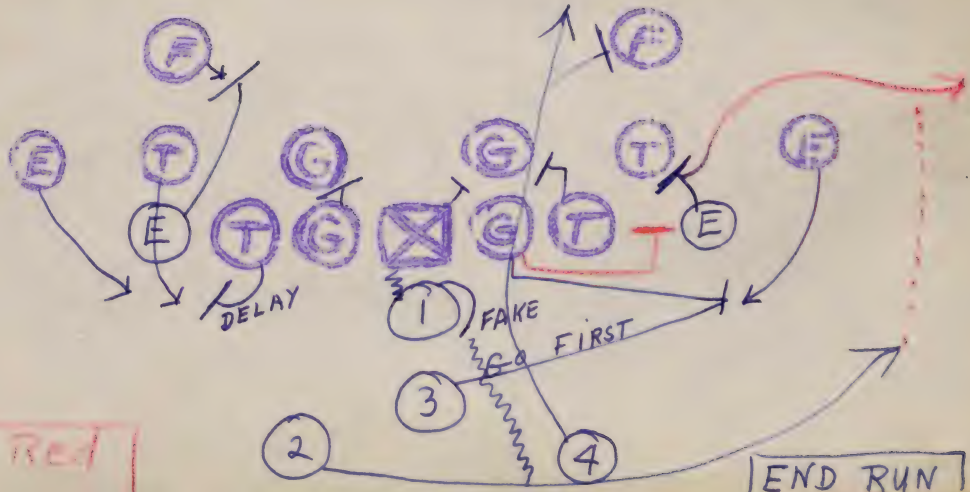
D ~~A A~~

R. A ~~9 5~~ 3



Express on Left in Red

(in ink)
EXPRESS on Right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DELAY
1
FAKE
FIRST
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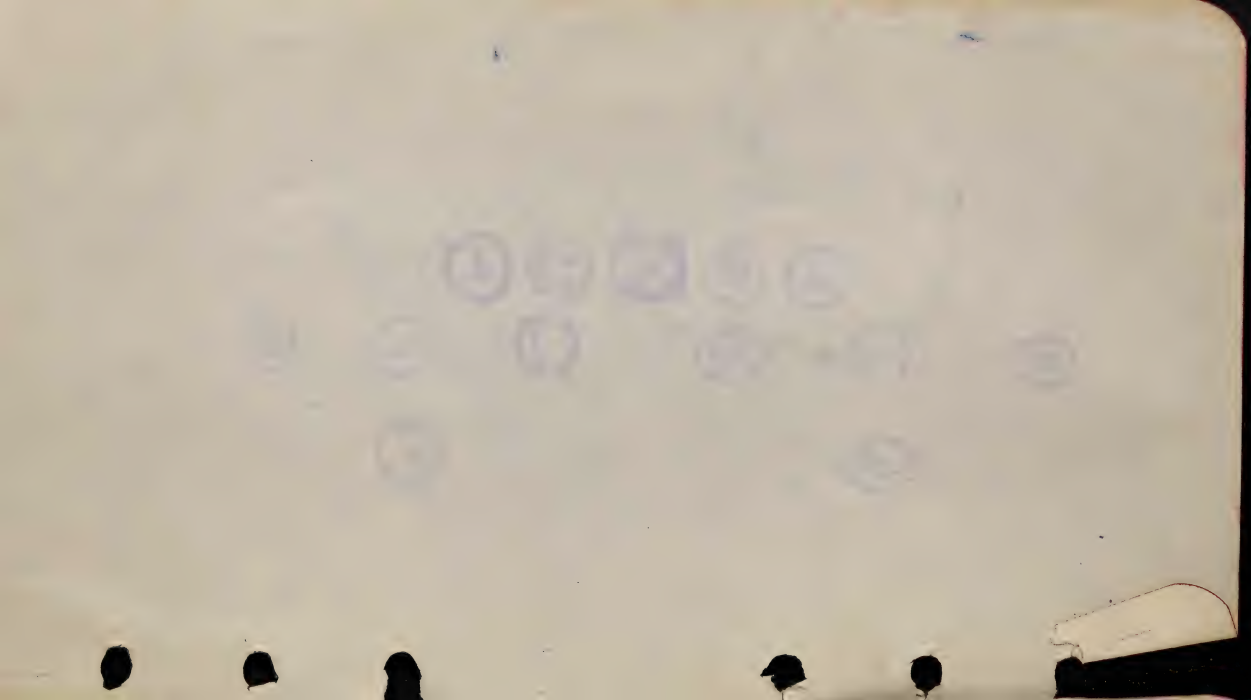
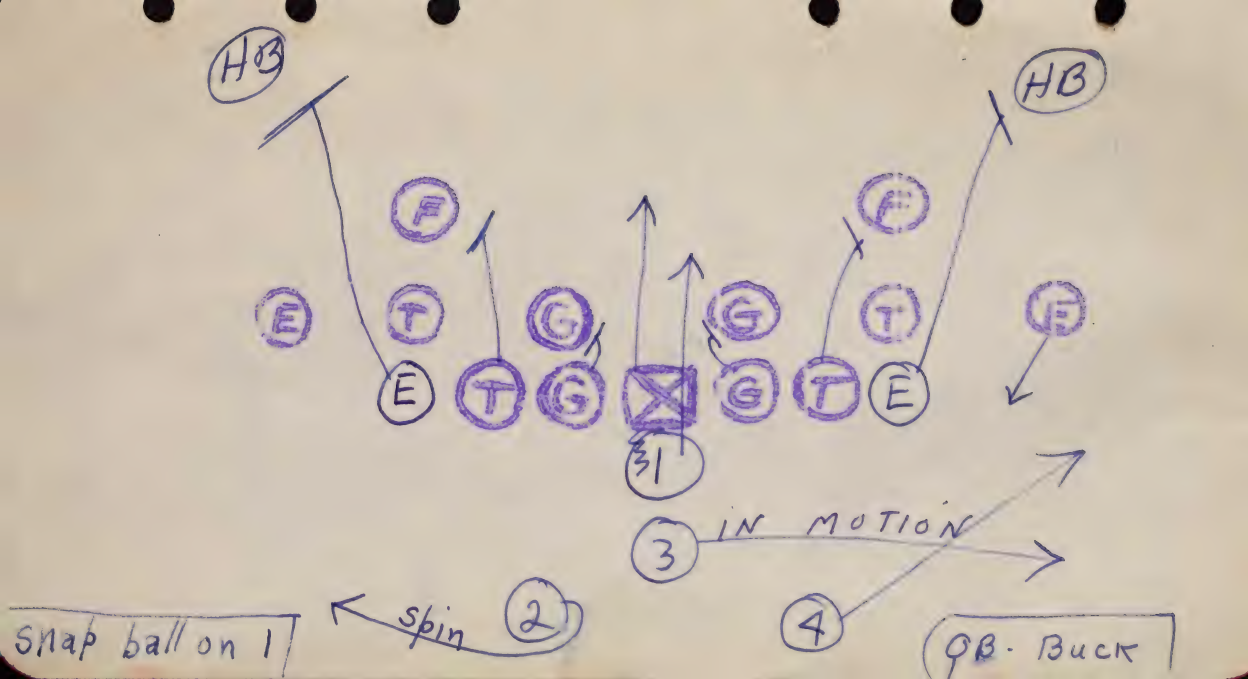
2
4
PASS IN RED
END RUN

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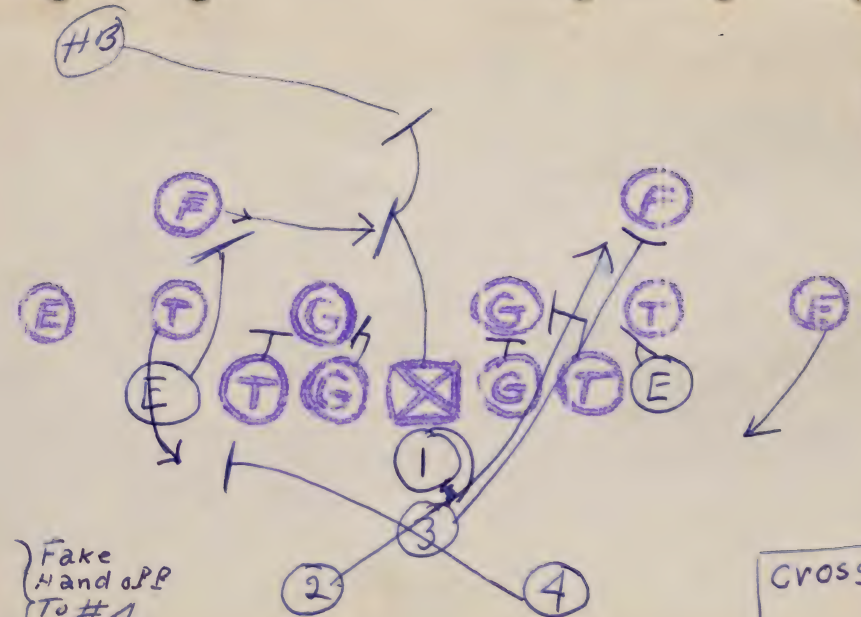
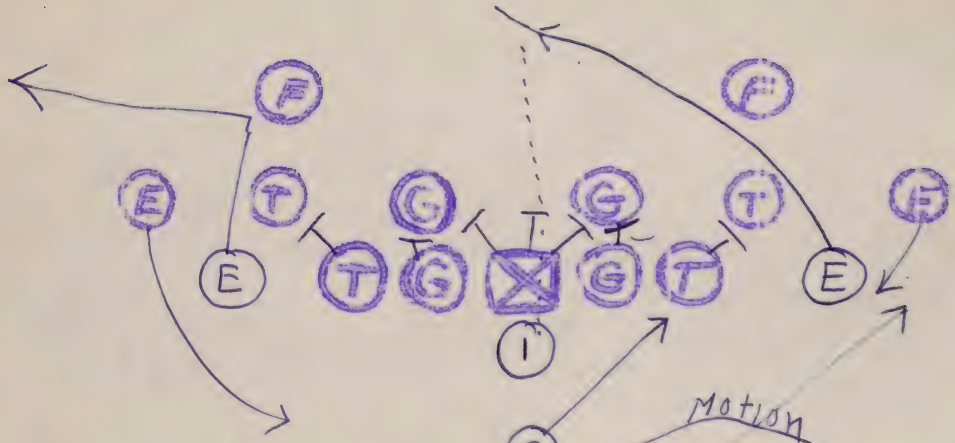
1
3
IN MOTION
4
Spin
2
Snap ball on 1
QB. Buck

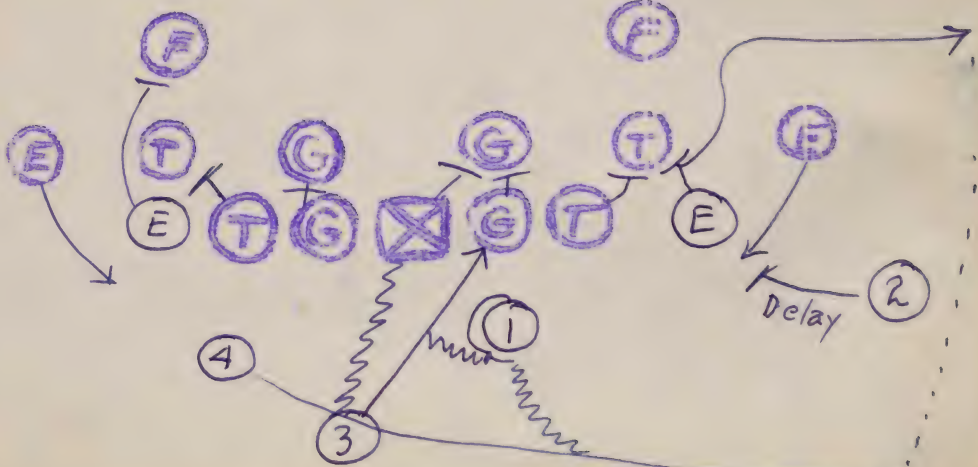


3 goes 1st.
4 " Next.
2 " Last.
} Fake Hand off To #4

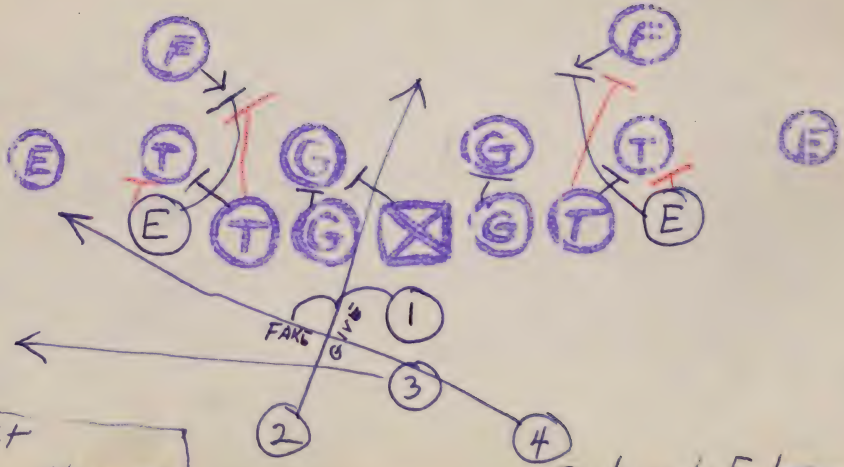
Cross Buck



"Y" Bucket Pass



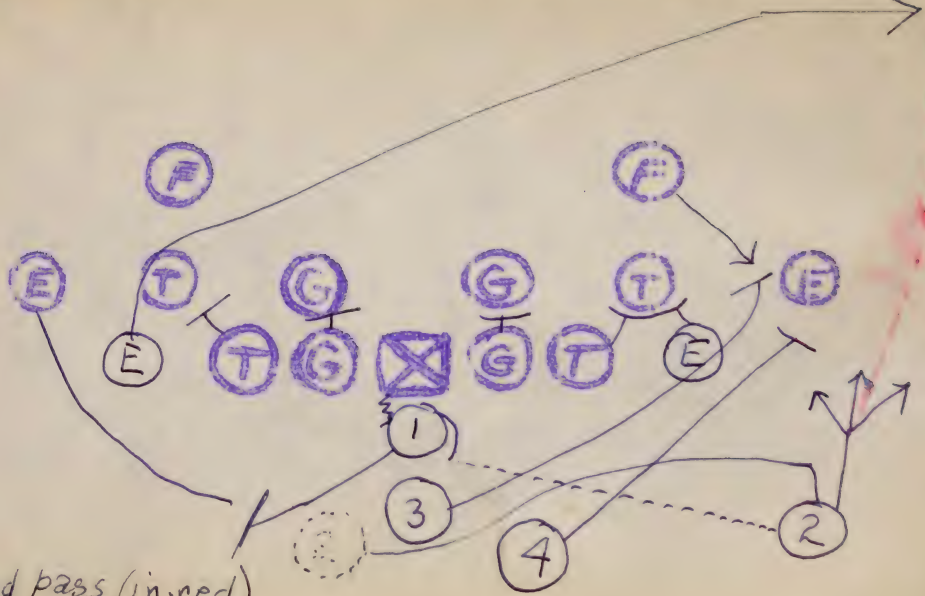
"P" Pass



E+T- optional Blocks

#1 Back has right Foot back. steps with Left.

Delayed Express Left.



"Y" Lateral

"Y" Lateral and pass (in red)

Monday.

1. Grass drill

2. Punts-tagging only

3. Kickoffs-tackling-blocks

4. Dummy drill -all plays

5. Brief scrimmage on all plays with passing and kicking under pressure.

5A. Backs on apron and line two on one.

Tues. CJW

1. Cover Punts
2. Same with tackling & blocking
3. Block afternoon Backs Line on sled
4. Backs - Ball handling all plays.
   Line - Live blocking & defensive drill
5. Dummy drill
   Pass under pressure
   Sharpen blocking
6. Wind sprints

TUESDAY.

1. Short grass drill
2. Down under punts-tag only
3. Backs-block spron
   Line-post blocking 2 on 1
4. Pass defense-Kelley give defensive signals. Work front of bleachers.
5. Demonstrate defensive line spacing-5,6,7 and 8 man line.
6. Dummy drill - new sideline plays.
7. Hardy and Hockman pass under pressure.
8. Kick under pressure.
9. Placekick under pressure

Tuesday.

(light work Grafton Wed.)

1. Warmup drill
2. Cover punts (Kelley must run down today)
3. Backs-block apron on all types of blocks in offense. Line-2 on 1 and downfield blocking. Also-guards pulling on FB.
4. Backs work on kickoff reverse-two groups handling. Line work on new 5 man line defense.
5. Pass defense against Notre Dame box.
6. Blocking punts-over loaded line to our left.
7. Point after T.D.
8. Dummy Drill-brief.

Tuesday.

1. Warmup drill.
2. Cover punts-live tackling
3. Backs- block apron 22 play
   Line-live blocking
4. Pass defense

5. Kick under pressure
6. Placekick also
7. Pass under pressure
8. Drill on 21 and 23 play
   for precision.

9. Sprints

Tuesday.

1. Grass drill-limber up.

2. Cover punts.

3. Backs-block apron
   Line-tackle sled.

4. Pass defense

5. Dummy drill all plays-
   more defensive charge
   until contact is made.

6. Punt blocking drill.

7. Pass under pressure

8. Point after under pressure

TUESDAY.

1. Grass drill-up and down.

2. Down under punts-tag only

3. Kick offs-use two backs and three men going down

4. Backs-block apron 5 minute then ball handle "Y" play for 10 minutes.
   Line-2 on 1-5 min. blocks for new plays 10 min.

5. Show 5-3-2-1 defense. Spacing, stance, crash type of defense, play of FB.

6. Show 6-2-2-1 and switch of CFB to line and back.

7. Pass defense-demonstrate.

8. Scrimmage-varsity on defense.

WEDNESDAY

1. Grass drill
2. Down under punts-tags.
3. Kick-off formation
   Blocks and tackles.
4. Backs block apron
   Line-2 on 1.
   New men on sled.
5. Pass defense
6. Kick under pressure
7. Scrimmage 7 plays
8. Scrimmage varsity on
   offense.

Announce cars needed for
Friday trip to Auburn.

Thursday
~~Wednesday~~

1. Quick warmup drill.

2. Cover punts with live bait tackling.

3. Backs. Ball handle for the three new plays-P pass; Y Bucket pass and Delayed Express left.
Line. Tackle sled. Work out blocks for 3 new plays.

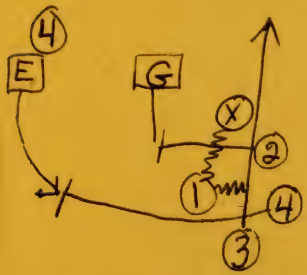
4. Pass defense.

5. Team defense against sweeps around ends.

6. Dummy drill all plays. Plenty of pressure.

Thursday.

1. Grass drill
2. Backs on apron
   Line on sled
3. Backs ball handle
   Line 2 on 1 and single
   man to man blocking.
4. Divide squad.
   Line will dummy block a
   line on all plays.
   Backs will block skeleton
   group on all plays.
5. Kick under pressure
6. Pass under pressure
7. Ten minute scrimmage.



Thursday.

1. Warm-up drill(front etc)

2. Cover the punts-five tackle

3. Block apron Backs
   Blocks line and downfield
   secondary by linemen.

4. Three groups backs work on
   kickoff reverses(handoffs)

   Line-work on cup defense

5. Pass defense

6. Dummy drill(2 groups)
   (Try Rat trap end around)

Thursday.

1. Short pass drill

2. Down under punts-tackling

3. Backs and ends block a tackle with apron. Guards and tackles will tackle sled and live bait 2 on 1.

4. Pass defense(as Wed.)

5. Kick under pressure. (Hold and Go.)

6. How to block kicks.

7. Scrimmage

FRIDAY.

1. Grass drill
2. Down under punts.
3. Kick-offs with 2 receive and 2 tacklers.
4. Divide group into 2 offensive teams. Use defensive line. Pass under pressure. All plays.
5. Same as above-Kick.
6. Keep same set-up and scrimmage 2 groups.

7. Early showers at 4.30